

**I'm going to read some sentences that tell how some people think and feel about themselves. Say "yes" if you think it is true and "no" if you think it is NOT true of you. There are no right or wrong answers. Only you can tell us how you think and feel about yourself. (time frame = right now)**

**I often have trouble making up my mind.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I get nervous when things do not go the right way for me.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**Others seem to do things easier than I can.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I like everyone I know.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**Often I have trouble getting my breath.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I worry a lot of the time.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am afraid of a lot of things.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am always kind.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I get mad easily.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I worry about what my parent will say to me.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I feel that others do not like the way I do things.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I always have good manners.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**It is hard for me to get to sleep at night.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I worry about what other people think about me.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I feel alone even when there are people with me.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am always good.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**Often I feel sick in my stomach.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**My feelings get easily hurt.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**My hands feel sweaty.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am always nice to everyone.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am tired a lot.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I worry about what is going to happen.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**Other people are happier than I.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I tell the truth every single time.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I have bad dreams.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**My feelings get easily hurt when I am fussed at.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I feel someone will tell me I do things the wrong way.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I never get angry.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I wake up scared some of the time.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I worry when I go to bed at night.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**It is hard for me to keep my mind on my school work.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I never say things I shouldn't.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I wiggle in my seat a lot.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I am nervous.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**A lot of people are against me.**

- 1 Yes
- 5 No
- 97 Not Applicable
- 8 Refused
- 9 Don't know

**I never lie.**

1 Yes  
5 No  
97 Not Applicable  
8 Refused  
9 Don't know

**I often worry about something bad happening to me.**

1 Yes  
5 No  
97 Not Applicable  
8 Refused  
9 Don't know